



www.children1stfoundation.net

Payment for the Online Class
Through PayPal Only.



Waivers for the online class must be obtained from the court. CFF does not give out waivers directly. Please submit waivers to:
erinr@children1stfoundation.org



*helping parents help children through
divorce and separation*

ONLINE PARENTING



Provided by
Children First Foundation
1909 Dublin Blvd, Suite B
Belleville, IL 62221

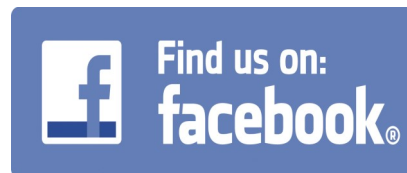
Toll Free: 888-805-9787
Phone: 618-235-6192
Fax: 618-235-4186

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Register at:

www.children1stfoundation.net



The Children First Foundation was established in St. Clair County, Illinois in 1988 to help children and caregivers effectively adapt to divorce, separation, parental responsibilities conflict, and parenting time exchange issues by creating services and products that address these issues.

The Children First Parenting Education Program was created and developed to “help parents help their children through divorce” by stressing the needs of children to their parents. The Foundation produces the Children First Parenting Education Curriculum and provides licensure to agencies and therapists in the U.S. and Canada so that they may provide the program for families in their areas.

The goal of this course is to help parents be better prepared to help their children effectively adapt to the many issues affecting them during periods of stressful family transition, resulting from divorce, separation, parental responsibilities or parenting time exchange issues. The focus is on

METHODOLOGY

A Focus on Education:

- Video-based curriculum
- Real-life scenarios
- Professionally-led discussions
- Do’s and Don’ts for parents

PROGRAM OBJECTIVES

Parents will learn:

- how to ease the divorce/separation process for their children
- how to talk to their children w/o “badmouthing” the other parent
- how to take care of themselves during stressful times
- child developmental reactions to divorce and/or separation
- ways to help parents answer difficult questions from their children
- about mediation
- relaxation techniques
- conflict resolution
- how to avoid common problems
- how to move ahead after divorce



PROGRAM BENEFITS

A Focus on Family & Community:

- Increases parental support of children
- Reduces post-decree court appearances
- Licensed in over 30 jurisdictions in the U.S. & Canada
- 93% approval rating by participants.
- Provides *four* hours of parenting education
- Online Program is available 24/7, to accommodate busy schedules.
- The class can be taken in sections. Parents do not need to commit to completing all four hours of the class at one time.
- The online class is available 100% in Spanish.
- Online class is compatible with all smart phones.